

# DONATION MENU

**£10**

Sponsors 15 minutes of crisis support from a Counsellor

**£25**

Just a £25 donation gives a young person crisis support including: Crisis counselling, laundry, shower and hot meal. Taking a young person out of harms way and on the path to a safer future.

**£40**

Sponsors the cost of an hours counselling session

**£240**

Sponsors 6 weeks of 1-2-1 counselling (saving CAMHS over £2000 per person)

**£800**

Sponsors a 12-week programme to manage Emotional health for up to 12 young people

**£6.24k**

Sponsors our Junior Outburst group for a year, supporting 11-25 year olds who identify as LGBTQI+

**£9k**

Would sponsor a counselling room, which can be branded in your name/company

**£20k**

Sponsors a full time Youth Support Worker

**£30k**

Sponsors a full time Youth Worker

**£40k**

Sponsors a full time Counsellor